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Double Tap

Goal: Improve line of delivery

Other related skills:

- Balance
- Grip
- Release

Set-Up:

Place a Red Solo Cup just past the near hog line. The location does not need to be only the center line. It should be moved to different positions between the real or imaginary 4 Foot Lines to simulate CW and CCW shots.

Procedure:

1. Set up as usual in the hack lined up on the target cup.
2. Slide out and deliver a draw on the line of delivery determined by the cup.

The use of the cup creates an immediate visual if the line of delivery is narrow (the cup will move to the outside of the sheet) or if the delivery is wide (the cup will move toward the inside of the sheet). This is true for even the smallest deviations from the line of delivery.

The shot is successful if the delivered stone hits the cup twice (hence a Double Tap).